

Chardon Local Schools

Grab N' Go BREAKFAST MENU

October-December 2022



Breakfast Menu #1

Monday	Tuesday	Wednesday	Thursday	Friday
Mini WG	Pillsbury Mini	Whole grain	4 oz. Yogurt Cup	WG Muffin
Donuts	Cinnis Bites	Cherry Cocoa Bar	Grahams	String Cheese
Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice
Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit	Chilled Fruit
Milk Variety	Milk Variety	Milk Variety	Milk Variety	Milk Variety

Breakfast Menu #2

Monday	Tuesday	Wednesday	Thursday	Friday
Asst. WG Cereal	WG Mini	4 oz. Yogurt Cup	String Cheese	Whole Grain
String Cheese	Pancakes	Grahams	WG Pop tart	Cherry Cocoa Bar
Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice	Asst. Fruit Juice
Chilled Fruit	Chilled Fruit	Chilled Fruit	or Chilled Fruit	Chilled Fruit
Milk Variety	Milk Variety	Milk Variety	Milk Variety	Milk Variety

Breakfast Prices: Student: \$1.75 Adult: \$2.75
Extra Milk \$.50

October 2022				
M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

November 2022				
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		

December 2022				
M	T	W	T	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30



Breakfast

PreK - 12th Grade

Fruit - 1 cup

Grains - 1 oz

Milk - 1 cup

For breakfast, each plate must have at least 3 items and 1 item must be a fruit. 4 items must be offered to students each breakfast.